

Friday Flyer

www.quailrun.info

08/25/06

Upcoming Events

Monday, September 4.....NO SCHOOL, LABOR DAY
Tuesday, September 5.....6:30-8:00 p.m., Parent Night
Monday, September 11.....4:00 p.m., Site Council
Tuesday, September 12.....7:00 p.m., PTO

FROM THE SCHOOL

PARENT NIGHT

Tuesday evening, September 5th, is Quail Run's Parent Night. **Please note this is a date change from the information you received previously.** (Quail Run's Parent Night was rescheduled due to conflict with Southwest Junior High's and Free State High School's Parent Nights.) This is an opportunity for parents to come to school without children to receive an overview of the year's curriculum, activities, and expectations as well as to have your questions answered. You will also have an opportunity to sign up for first and second semester Parent/Teacher Conferences as well as to sign up to volunteer for PTO committees. The following is the schedule for the evening:

- 6:30-6:50 1st Session
- 7:00-7:20 2nd Session
- 7:20-7:45 Commons to sign up for conferences and PTO committees
- 7:00-8:00 Sixth Grade parents meet with all Sixth Grade teachers in the library (sign-up sheets will be available in the Commons prior to this meeting for conferences and volunteering opportunities)

With the exception of 6th grade, all teachers present their information twice to accommodate parents who need to attend more than one grade level meeting.

Art, Music and PE teachers will be available to visit with you as well.

Childcare will not be provided at the school for the evening.

PHONE NUMBERS

Parents, please note that the number you listed on your Enrollment and Information Sheet as your home phone number, whether it is a land line or a cell phone, will be the phone number listed in the Quail Run Student Directory. If you would like to have a different number published, or if you would like to have your number omitted, please contact the office at 832-5820 to inform us of the changes.

HELP YOUR CHILD AVOID COMMON PITFALLS OF POOR SCHOOL ATTENDANCE

Today was an important day in Mrs. Smith's classroom. She began to teach long division. Madison wasn't there. She didn't show up at school until after lunch.

Does attendance really matter? Absolutely. Research clearly shows a link between being in school and doing well. Students who miss school fall behind. Over time, that increases the chances that they may drop out of school. When your child wakes up with a fever of 102 degrees, she needs to stay home. But sometimes kids miss school for things that could easily be avoided. Here are some of the top reasons for school absences, along with ideas on how to avoid them:

- **Child can't get up.** Sure, kids today need more sleep. But don't let your child sleep in the morning. Instead, put her to bed earlier at night.

- **Doctor's appointment.** Ask if the doctor will see your child outside of school hours.
- **Can't get organized.** Take a few minutes at night to prepare for the next day. Lay out clothes. Pack your child's lunch (or give him lunch money).
- **Child doesn't want to go.** Talk with the teacher. See if there are issues you can resolve together. But make it clear to your child that he or she will go each day.

Reprinted from **Elementary School Parents Make the Difference**. Sept. 2006, Vol. 18, No. 1.

FROM THE CLINIC WELCOME BACK

It is great to be back at Quail Run with Brian Lawrence (better known as Mr. B.) to manage the clinic needs. We are gearing up for another great year with your children. We do not have full-time clinic staff but have most hours covered during the school day. If your child has any medical concerns, medical diagnosis, or takes medication that is not listed on their Health History form, please contact us with the information. All information will be kept confidential.

If your child will take any medication during the school day, please see one of us to get the proper forms signed and prepared. In order to ensure the safety of all students, **all medication** (including Tylenol and all over the counter medications), must be stored in and distributed from the clinic. If you have special medication needs, please see one of us to assist you.

Fall and winter are seasons when asthma symptoms tend to flare up. If your child has had a diagnosis of asthma or has used an inhaler any time over the last year, they should have an inhaler here at school to use if needed. Some children have asthma symptoms when they get a cough or allergies so an inhaler can be helpful. If your child has had any problems with exercise induced asthma, an inhaler would be essential here at school since PE can be quite physically demanding.

If your child is ill and cannot attend school, please call the school office to report the absence. If your child has had a fever over 100.4°, vomited within 24 hours, or been up most of the night, they should not attend school the following day. For minor colds or allergies, children should attend school with body fluid precautions. If your child has difficulty with school or suffers from anxiety issues, they may come to the clinic at times. We evaluate and comfort them and get them back to class as quickly as possible. We strive to keep children in class and work hard to accomplish that goal. If you have any special requests as to how we handle a specific situation with your child, please let us know. Thank you, Nurse Angie

CHILD WEIGHT MANAGEMENT PROBLEMS?

A no cost weight management program that will provide financial reimbursement for completing the sessions is finally available in Lawrence. The KU Pediatric Health Promotion Lab is seeking children (ages 7 to 17) and their parents to participate in a clinical trial for overweight children and adolescents. For eligibility and program information, please call and leave a message at 864-0515, or call Nurse Angie at school, 832-5820.

FROM THE PTO THANK YOU

A big thank you is extended to Trish LaRue for organizing the Kindergarten Parents' receptions on Friday. Our thanks also go to J&S Coffee for donating their wonderful coffee and to the volunteers who helped host. This was a great opportunity for families to become acquainted with one another and their new school.

PLAYGROUND CLEAN-UP

A few teachers have expressed concerns about thorny branches and trash found on the playground. We would love to have any interested parents join in on a clean-up session this Sunday (the 27th) from 9-11 a.m. Please bring your gloves, rakes, and trimmers!

REMINDER: COMMITTEE SIGN-UP SHEETS

Don't forget to review and return the PTO Volunteer Sign-Up sheet! This is your chance to jump in and support the school. For those of you that have already lost the form, don't worry, there will be a sign-up table at Parent Night on September 5th. If you have any questions about the different committees, please don't hesitate to call or email: Barb Heeb at 838-4332 or jbrh@sunflower.com or Kelly Dumesich at 842-0208 or kdumesich@aol.com. We need your help and some new faces to keep the PTO growing!!

PTO COMMITTEE CHAIRS (OR "WANNABEES")

We would like to invite you to a *Breakfast with the PTO* to kick off the 2006-07 school year! Please join us on Thursday, August 31st at 9:30 a.m., to discuss the school year's events. Weather permitting, we will meet in the Dumesich's back yard at 1036 Oak Tree Drive. So bring your ideas, a lawn chair, and a breakfast treat to share!

TRACK CLUB

4th through 6th graders only
Beginning September 7th

Are you interested in getting back into some running or walking with your friends? Come and join us at the school at 8:00 a.m. on Mondays and Thursdays to jump start your day with a little physical activity. We will follow routes with sidewalks near the school and will always use the buddy system. You will need to have a parent-signed release form turned in at the office before you can participate (available in the office starting Monday, August 28th). We will have a table set up at Parent Night with more information, or you can call Barb Heeb at 838-4332.

We need PARENTS to participate as well, so encourage your Mom or Dad to come too when they can work it into their schedule!

FROM THE COMMUNITY ATTENTION PARENTS OF 2ND GRADE GIRLS

Parents of girls interested in joining a 2nd Grade Brownie troop should contact Kim Krannawitter at 842-8433 or Tricia Venters at 865-4163. We are having an informational meeting for parents in the Quail Run Commons on Tuesday, August 29th from 6:30 until 7:30 p.m.

SCHOOL NIGHT OUT FOR SCOUTING

Calling all boys in first through fifth grades! Cub Scout Pack 3072 would like to invite all boys in grades 1-5 to be a part of our fun-filled pack. If you are not currently in scouts, you and your parents are invited to attend the School Night Out for Scouting, Thursday, September 7th at 7:00 p.m., in the Quail Run Commons. You will learn what scouting has to offer and find out about the activities Pack 3072 has planned for the year. Please join us! If you would like more information, call Dave or Jeanne Williams at 331-2242.

NOMINATE YOUR FAVORITE TEACHER

Sunflower Bank is sponsoring the **Teachers Make a Difference** campaign, honoring outstanding teachers in our community. The campaign will run from September through April during the school year, recognizing a special educator each month by nomination from their peers, staff, children and parents who will be asked to submit a short essay stating why their nomination should be selected as the **Sunflower Bank Teacher of the Month**. The teacher of the month will receive \$200.00 in a new Sunflower Bank account. The monthly winners will then qualify to be selected as the **Sunflower Bank Teacher of the Year**. The Teacher of the Year will be recognized and win a grand prize of an additional \$500.00.